

Primary PE workshop

gymnastics rolling variations and sequences

Rolling is an important element of the Gymnastics strand of the PE curriculum. This two-hour workshop aims to develop teachers' confidence and competence to safely teach a wide variety of rolling techniques and progressions within gymnastics at all class levels. These workshops will take place in the venues listed below, after school. Please come dressed for activity! Refreshments provided on arrival and each participant will receive a Gymnastics teaching resource and a confirmation of attendance.

Course Details

Course Start Date / Time	29-11-2018 3:30 pm
Course End Date / Time	29-11-2018 5:30 pm
Capacity	Unlimited
Course Fee	Free
Number Hours	2
Speaker	PDST Facilitator
Location	Gael scoil Iarfhilath